### Wendy Myers

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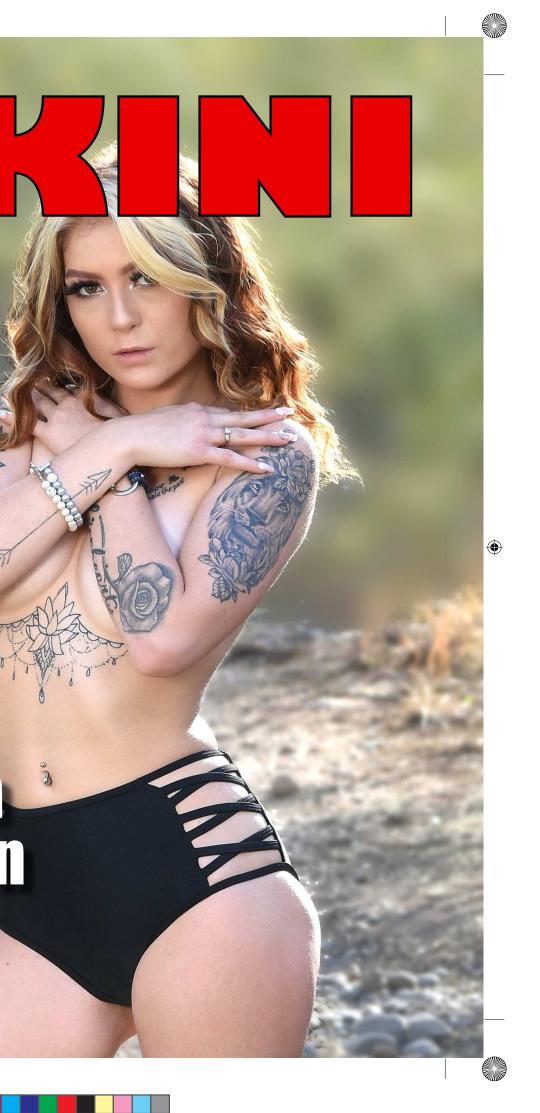
### Annastasia Leggh Ryden



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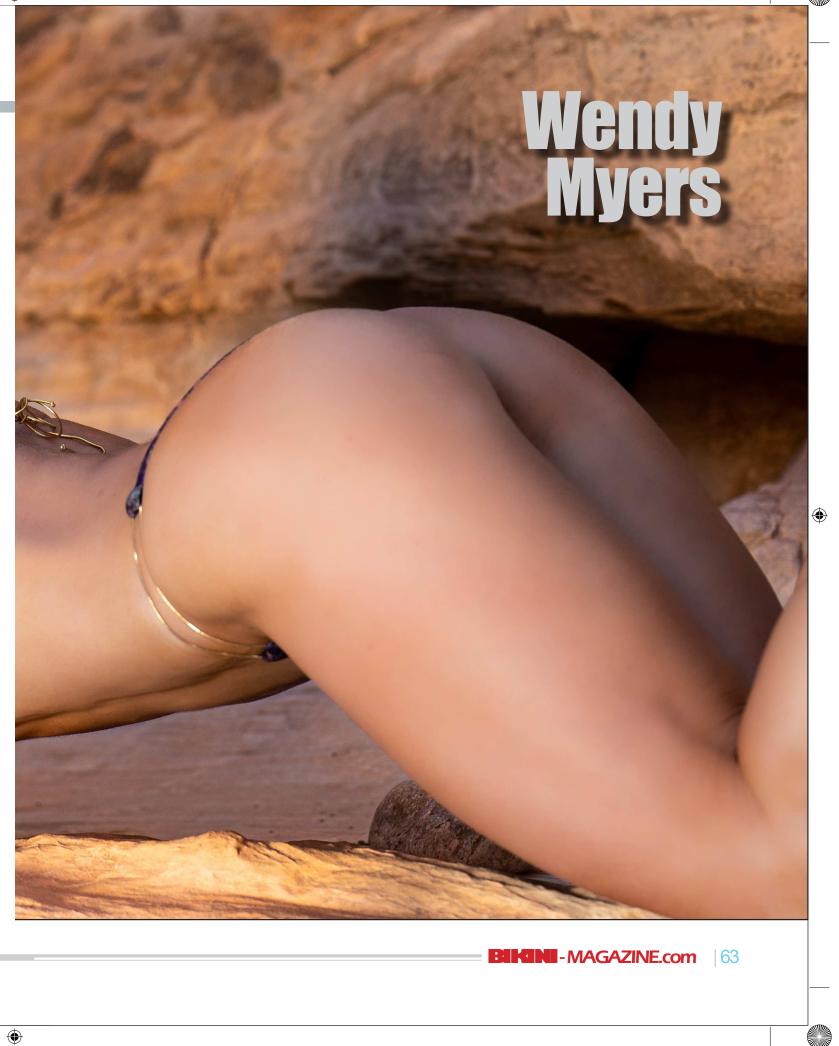


#### Content



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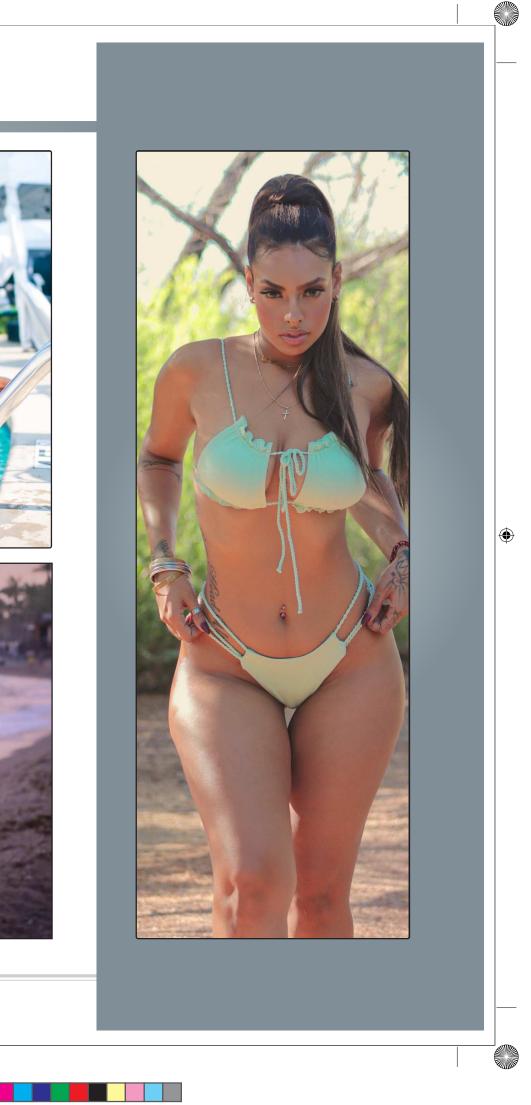
### Preview





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Growing up a tomboy, I was a natural athlete and constantly engaged in one sport or another. My goal was always the same ... beat the boys! And I did! Sports were my life and being a competitor was the only way I knew how to live.

In high school I tried weight lifting and loved it, and was able to squat more than the football players. But I was discouraged to continue in it because it was thought that it would make a girl "bulky," so I moved on to other sports, always knowing there would be a day I would come back to it.

That day was two years ago, when, at 44 years old and after having three children, I followed my dream in becoming a natural figure competitor. I finally graced the stage with muscles and beauty. Now, at 46, I have qualified to compete for my pro card through NPC, which is not an easy task for a natural competitor.

It was stepping on stage to compete that led me into modeling. I needed "sass" for the stage and that is something a tomboy does not have! So I courageously stepped way out of my comfort zone and attended a modeling clinic. Much to my surprise, I was told I was a natural in front of the lens.

The challenge then became to see if who I was would fit in the modeling world. It took a while for me to fully embrace who I was in front of the lens. Many photographers told me not to smile, but that was just not me, and when I tried it the shots seemed dead. So I embraced who I was and went with it, smile and all! Now the most common compliment I get is how alive and inspiring my shots are because I smile.

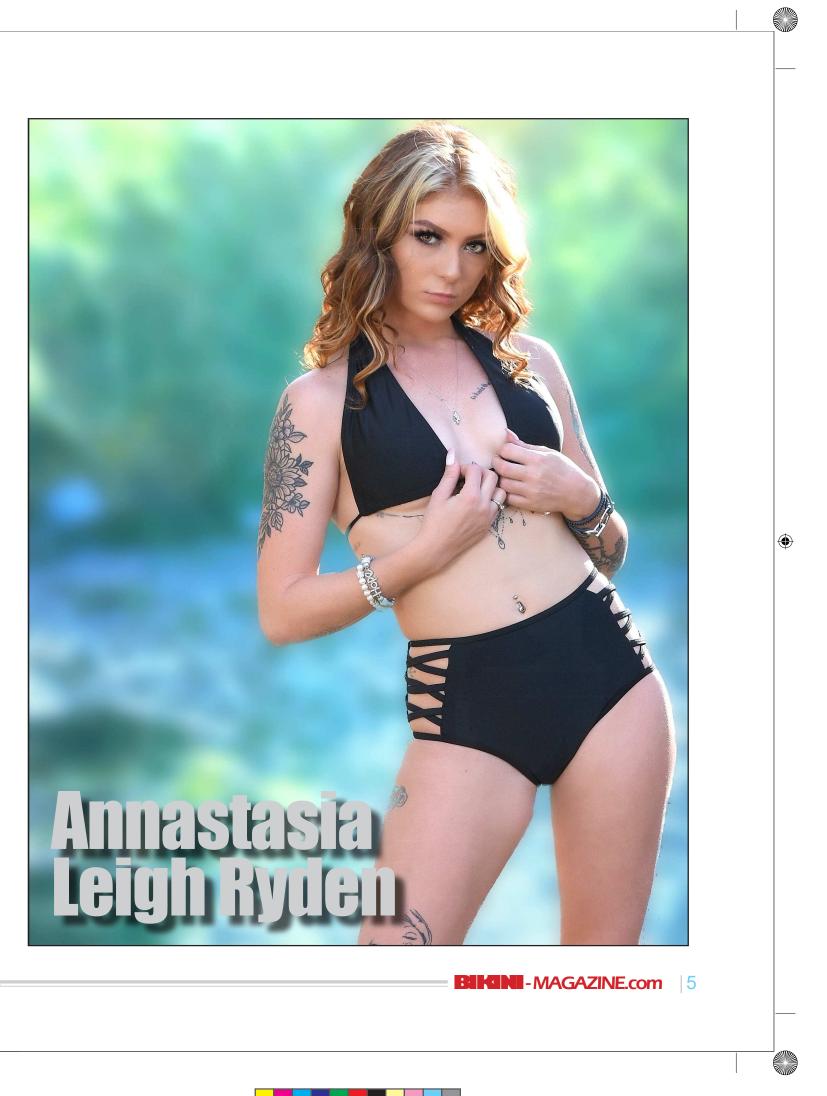
I love that people see me as inspirational because that is a huge dream of mine; to inspire others, especially woman to get fit and see their strong body as sexy! Too many women feel that after children or after 30 they are done, that their life is downhill from there. That could not be further from the truth! I say at 40 we are just getting started!

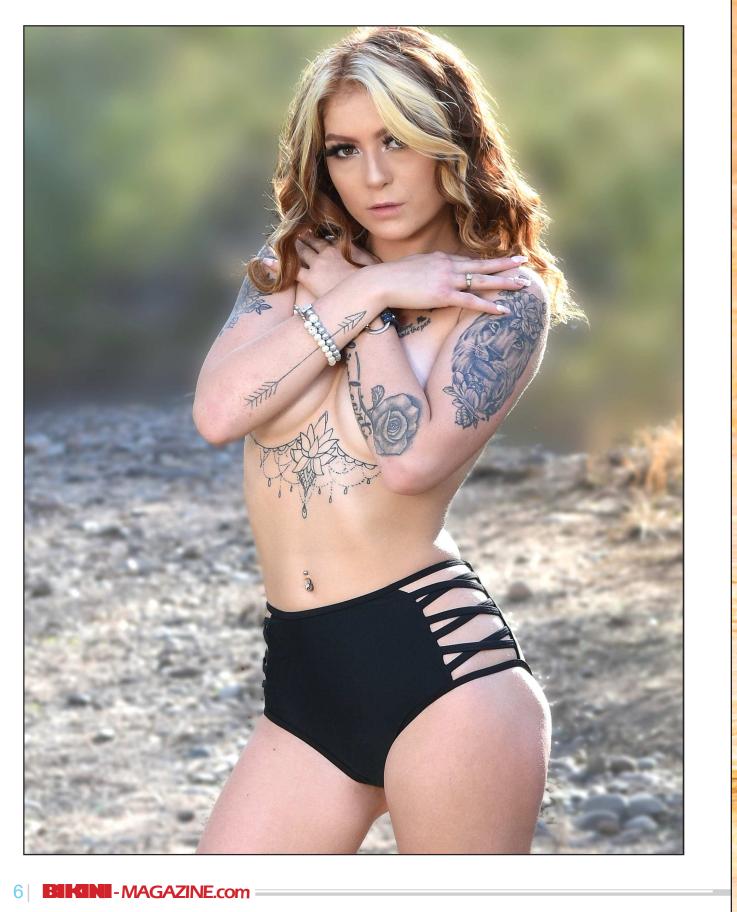
It was this dream of helping other women that has led me to obtain my personal training license as well as my nutrition license so that I can help embolden other women to start living their best life after children and well as into their 40's and older!

Photographers Credits: JD Lander Photography (@jdlanderphotography)

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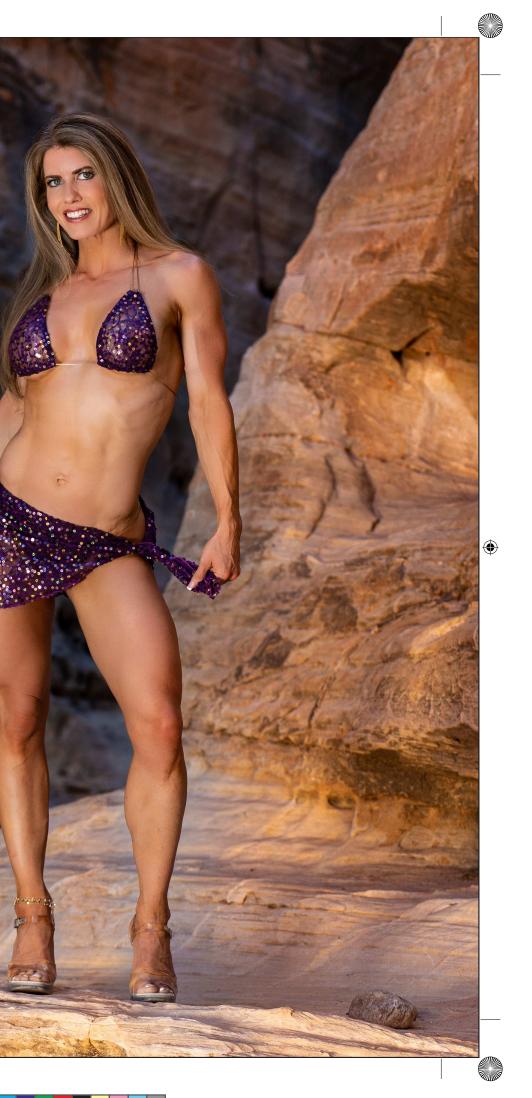




## Annastasia Leigh Ryden

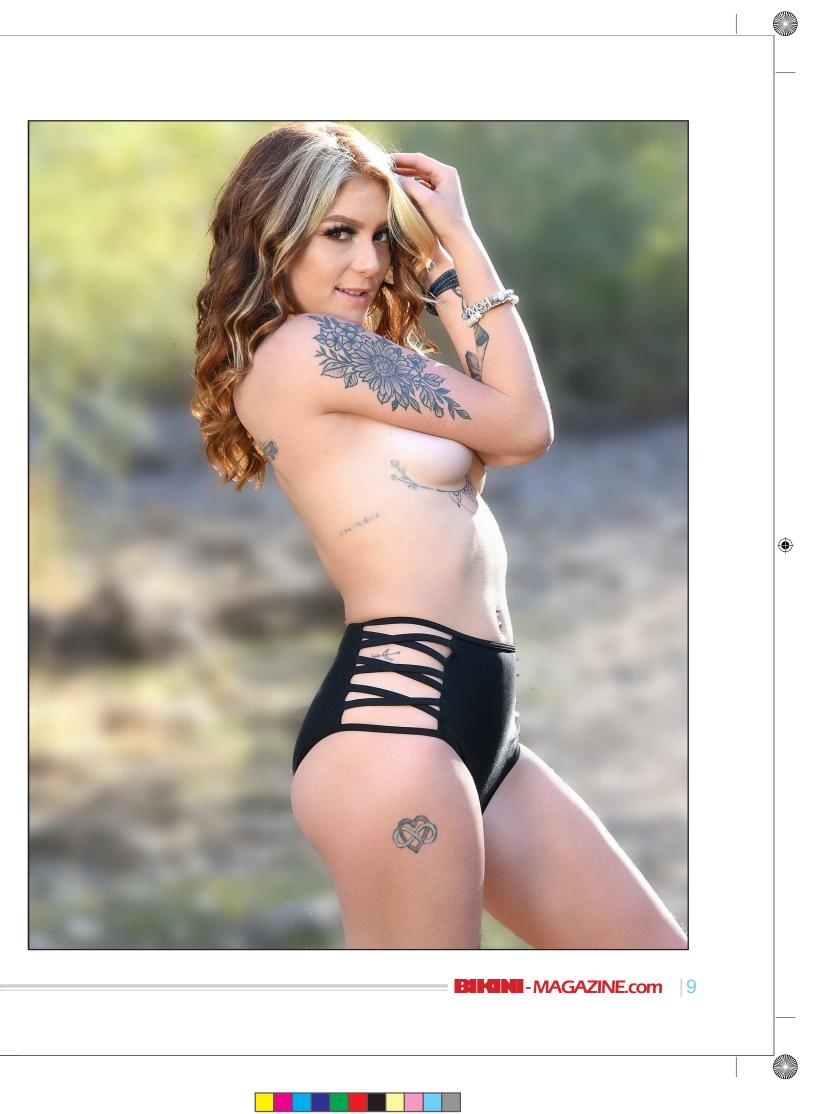


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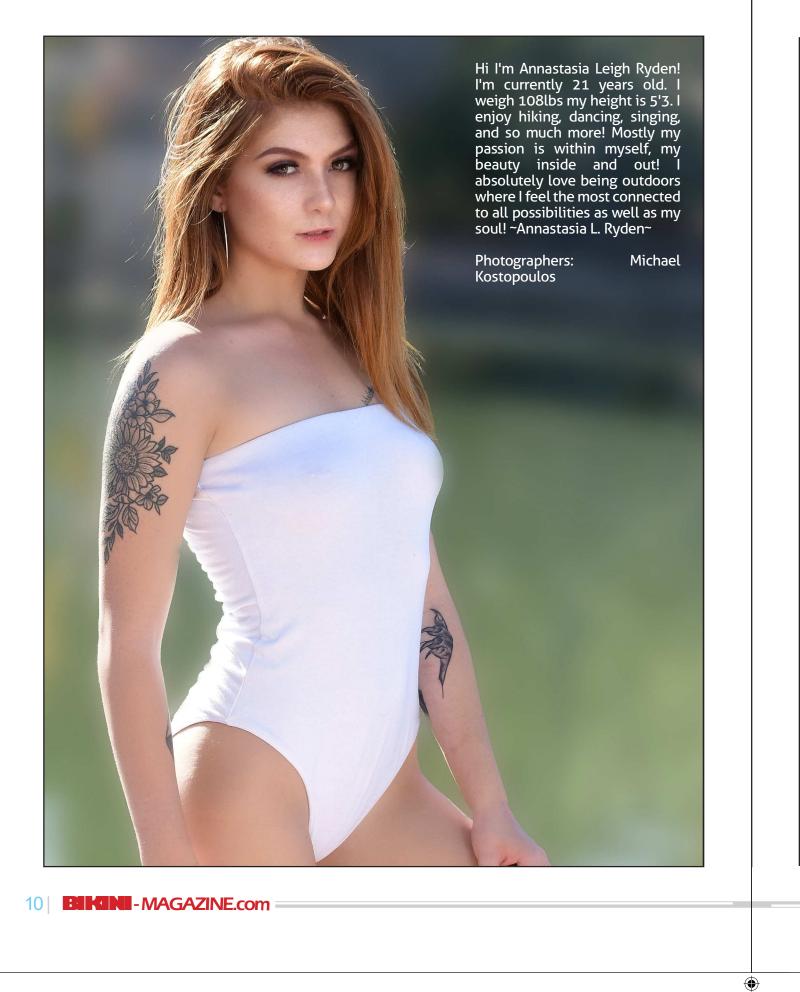


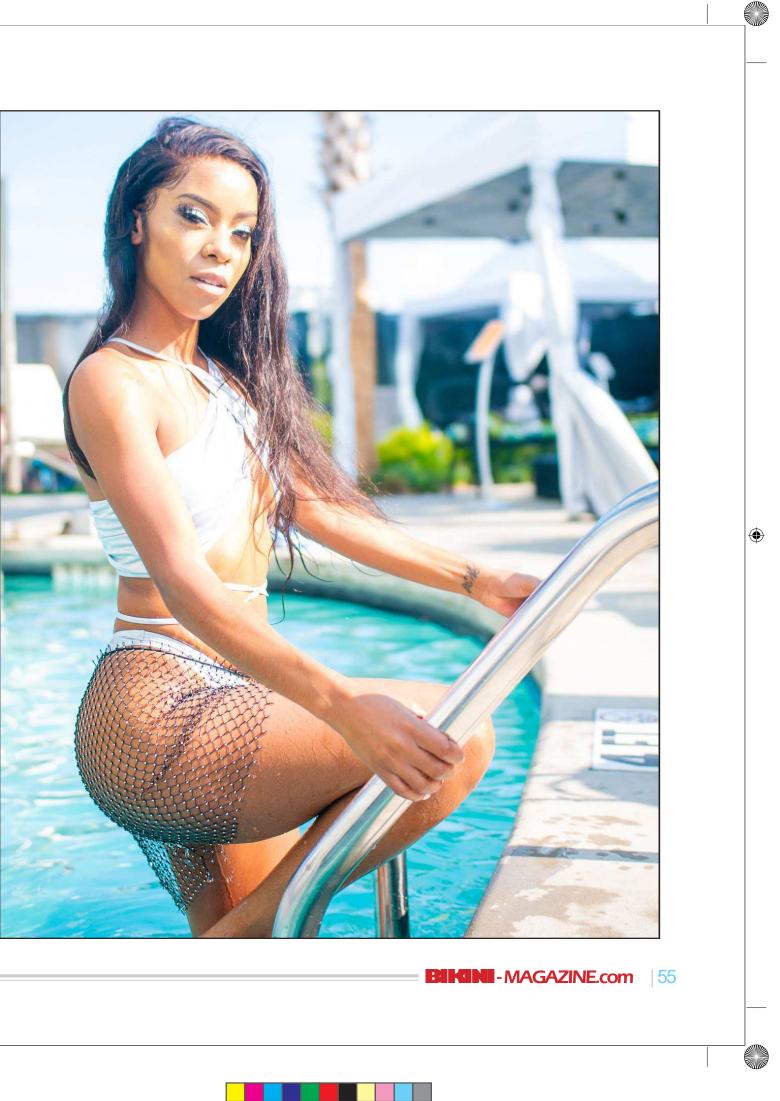
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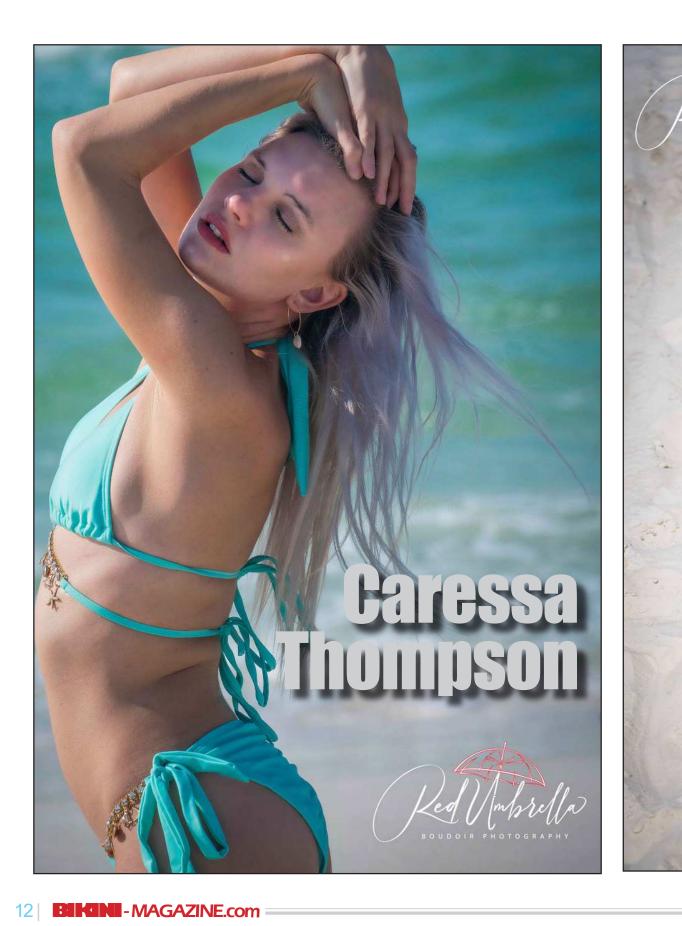
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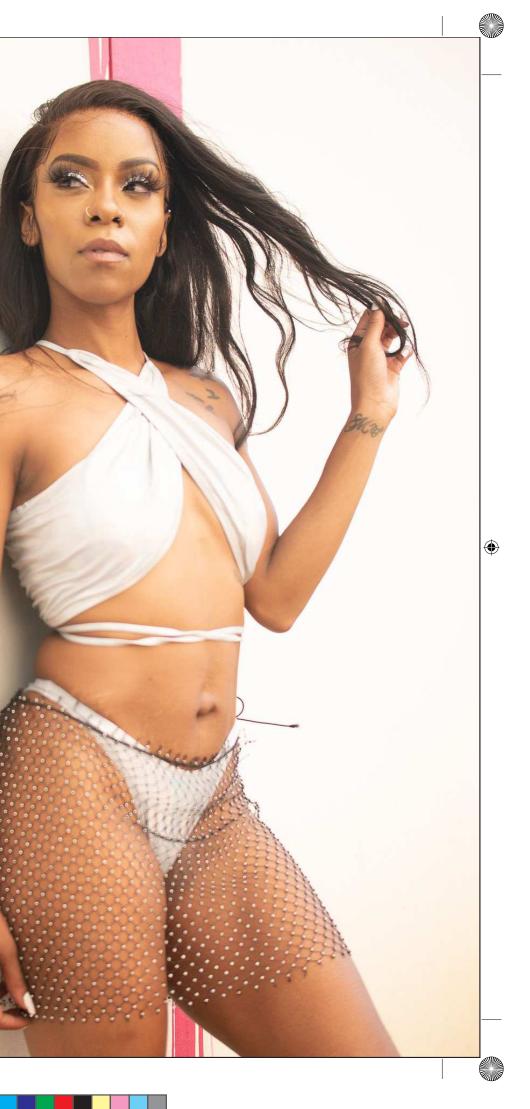


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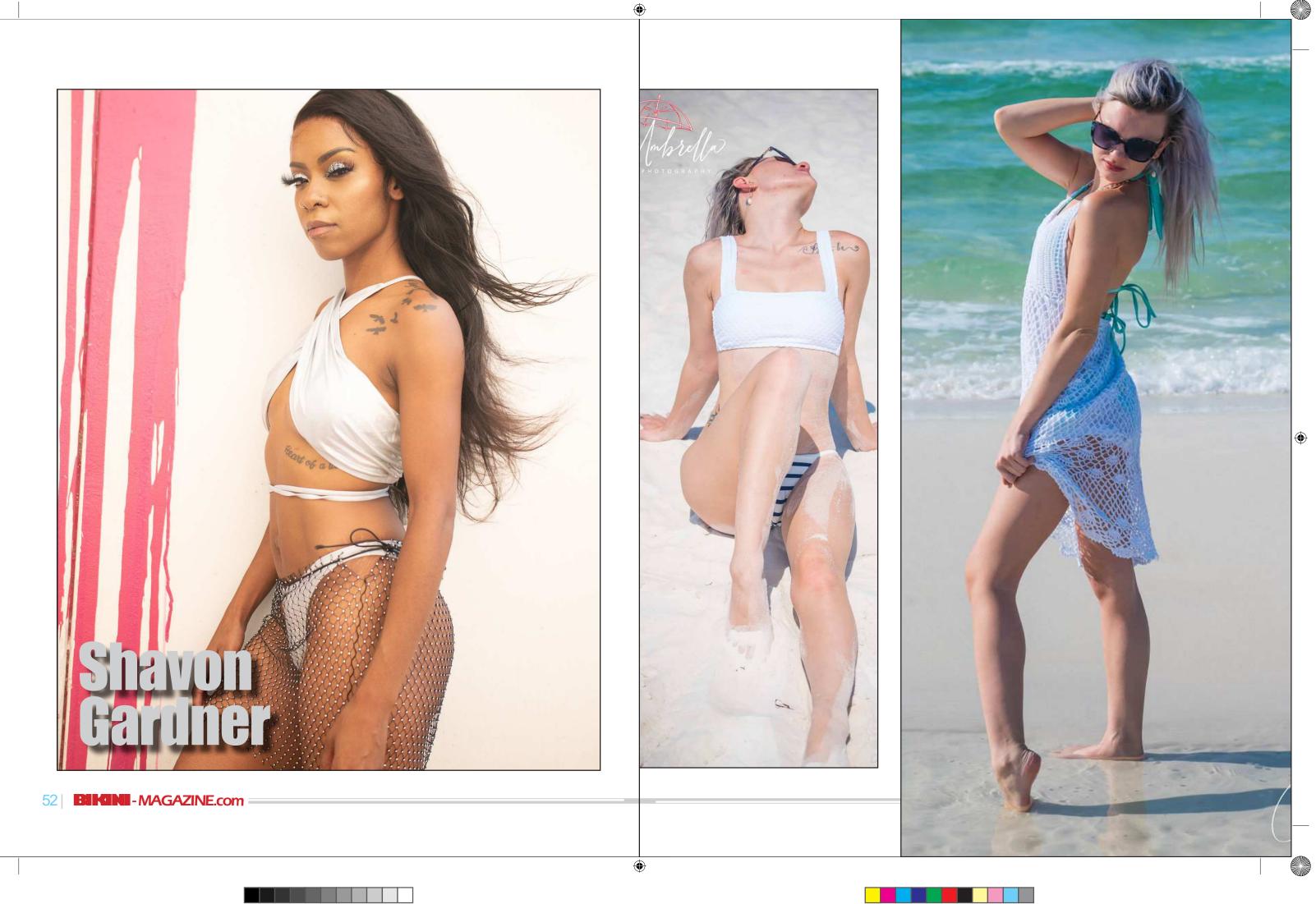


My name is MizzFitt and as my name states, I am a model that believes that health is number one. It's not about size, it's about keeping up the wellbeing of the body that we use on a daily basis. Fitness is about being the best you and taking care of your body, in every way possible. This includes what you put in your body and the exercises that allow your body to be in the best possible shape. Being a model, allows for me to show my audience, my results of doing these things daily.

Photographers Credits: @dom.ssn



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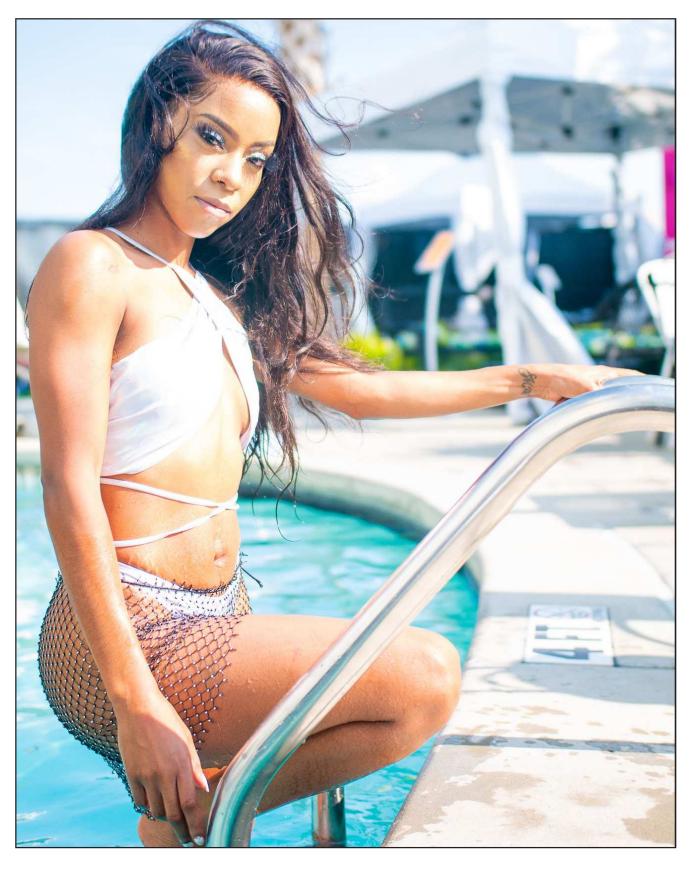
### Caressa Liumpson

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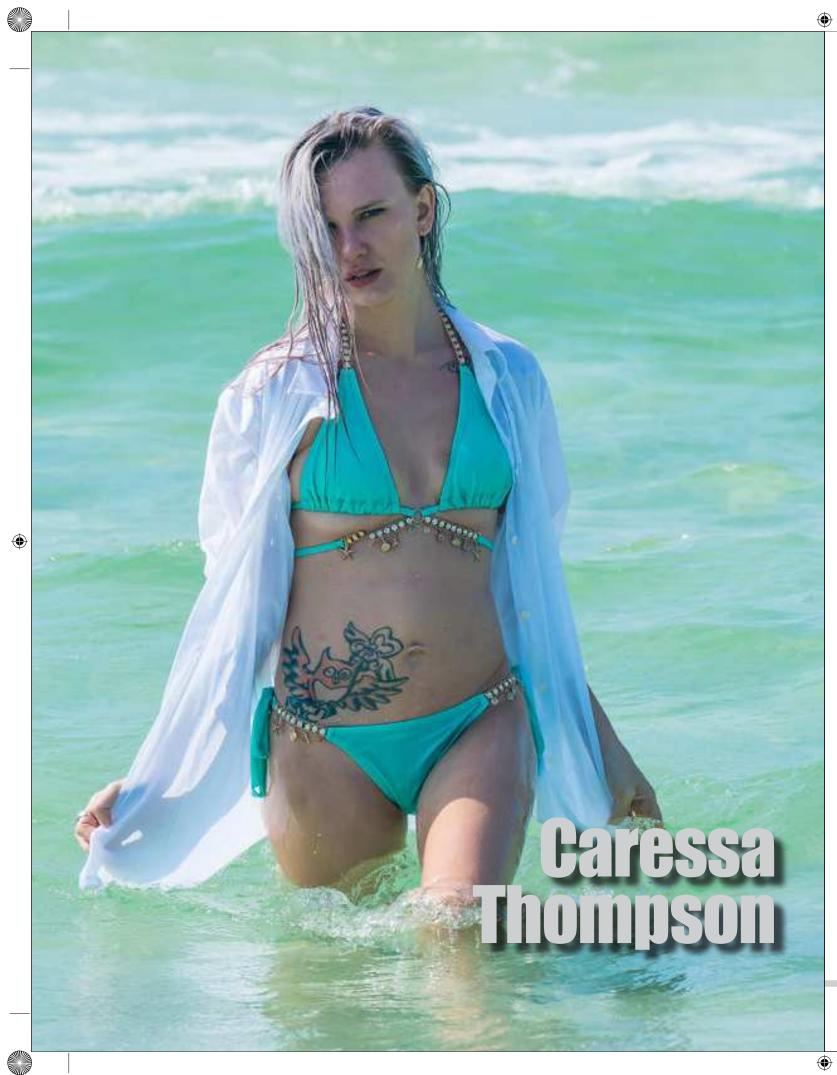


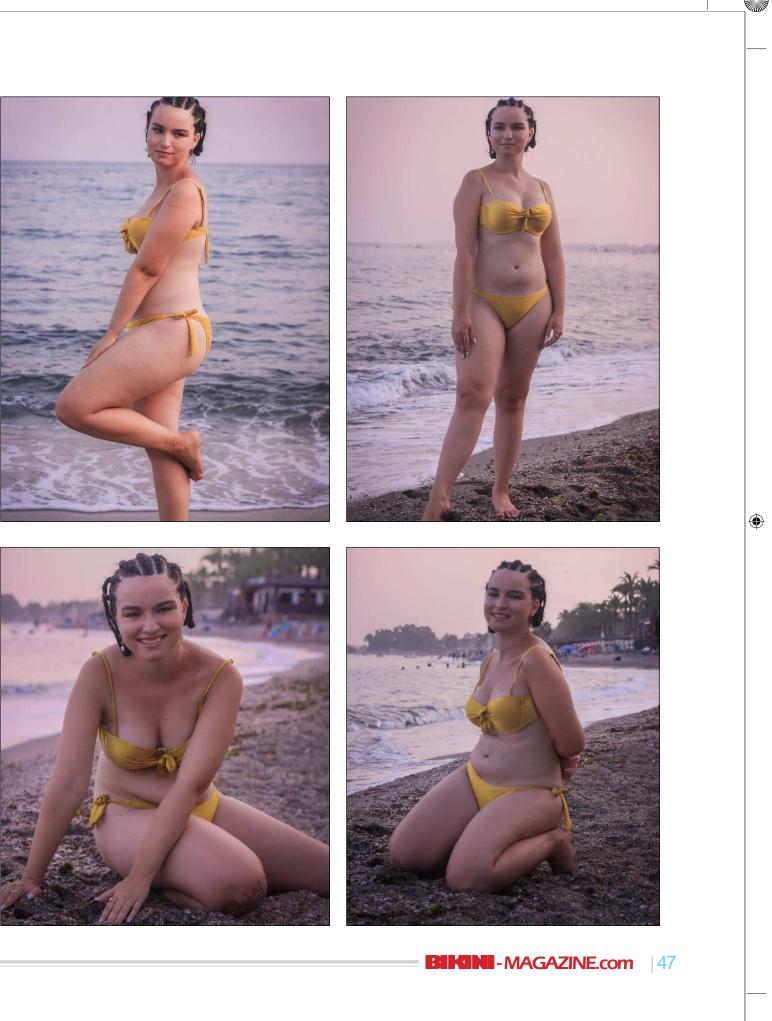


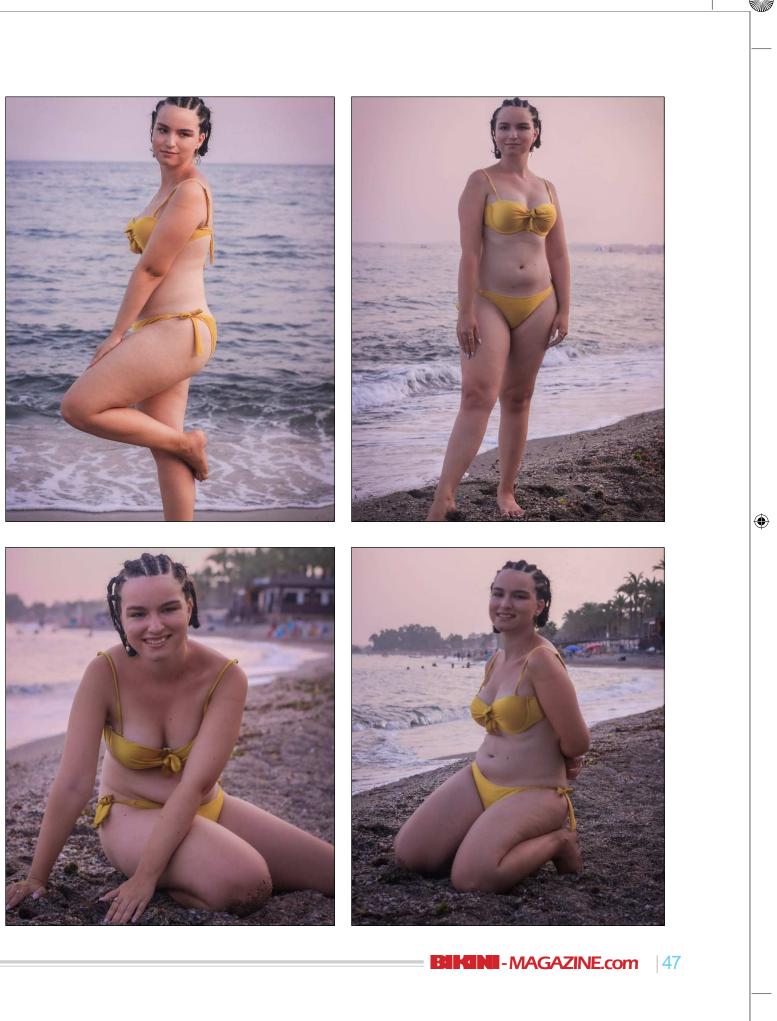






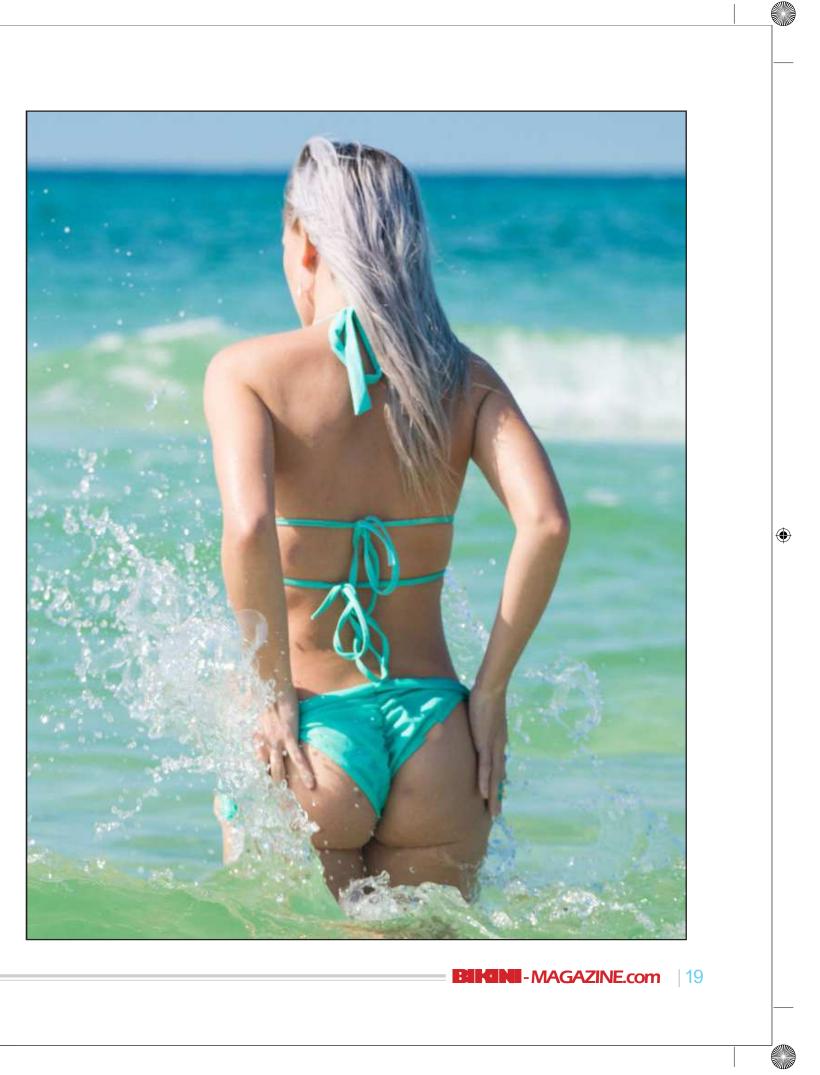












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I have a passion for modeling, psychology and being the best Mommy I can be. 😂

Photographers Credits: Red Umbrella boudoir

## Halfessa Liompson

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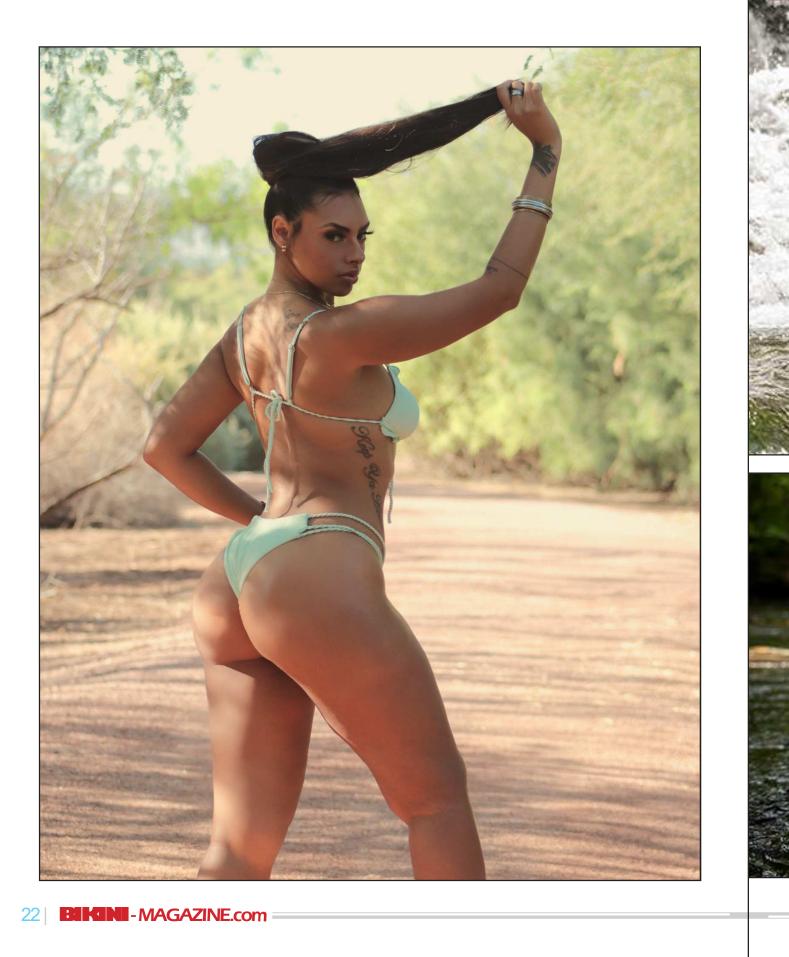


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### Monika Spiess

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Grecia Chinch





I was born in Cuba and i grew up in Italy,

Fashion is something that i've been around since very young age.

My modeling career started at 17 years old more like a hobby then a job, when it really started to pick was right after the pandemic, when i started to get more modeling gigs.

I dedicated my life to the restaurant, i bartended for several years in different cities and countries until i got into a car accident and i had to abandon that life.

i used to have the clock-in clock-out mind set and really took me a lot of mental effort to change that.

Today i dedicate myself to modeling/ promotion modeling and private events here in Las Vegas fusing my modeling experience with my bartending and costumers skills, bringing on set what several years in different countries taught me.

Photographers Credits: @freshh\_photography





My goal is to be known as a person that helps self worth but no one can ever tell because im so other always has a positive attitude and be able to good at hiding it which is also why I want people influence people on loving themselves. to see me as someone they can talk to and trust. Ive achieved so much and travelled so much One of my dreams is to have my own gym with throughout the world met some amazing people every type of fitness class, its on little healthy and learned different cultures and I believe that is eating food area, massages and many other things. a great achievement in life.

Ive had a lot of challenges in my personal life with Photographers Credits: Brody Hall

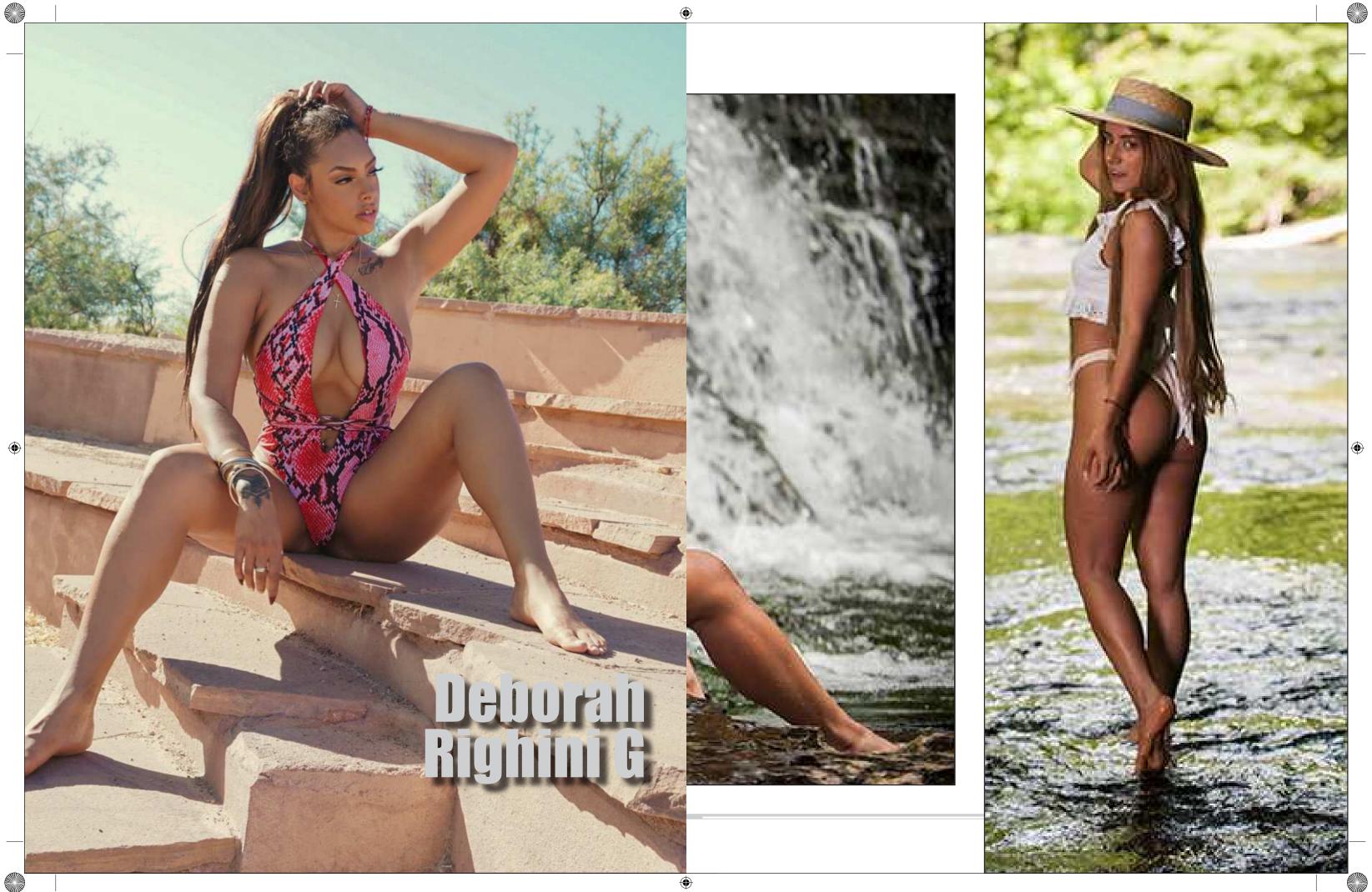
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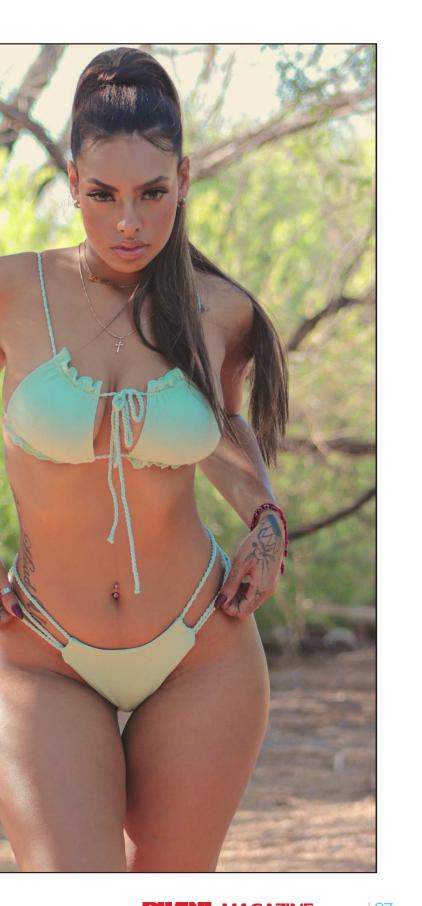
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BIKINI-Mike

My name is Diana and I am a model, blogger, seamstress and entrepreneur - all of which at the age of 20. I'm originally from Romania but based in Ireland and I've been modelling here for the last year or so. I started modelling through Instagram seeing as I'm a content creator and blogger myself, it kind of happened naturally. Opportunities started coming my way so fast that I thought it would be a good idea to give modelling a go. I fell in love with posing from day one and I've managed to work with different up and coming Irish brands so far and have many projects in the pipeline. Modelling has managed to give me an incredible amount of confidence, it has helped me step out of my comfort zone and do things I never imagined I could do! I've worked with a lot of photographers around Ireland too and it's honestly such a fun and creative hobby to develop. I do see myself doing it for the next few years for sure and then who knows... the opportunities are endless!

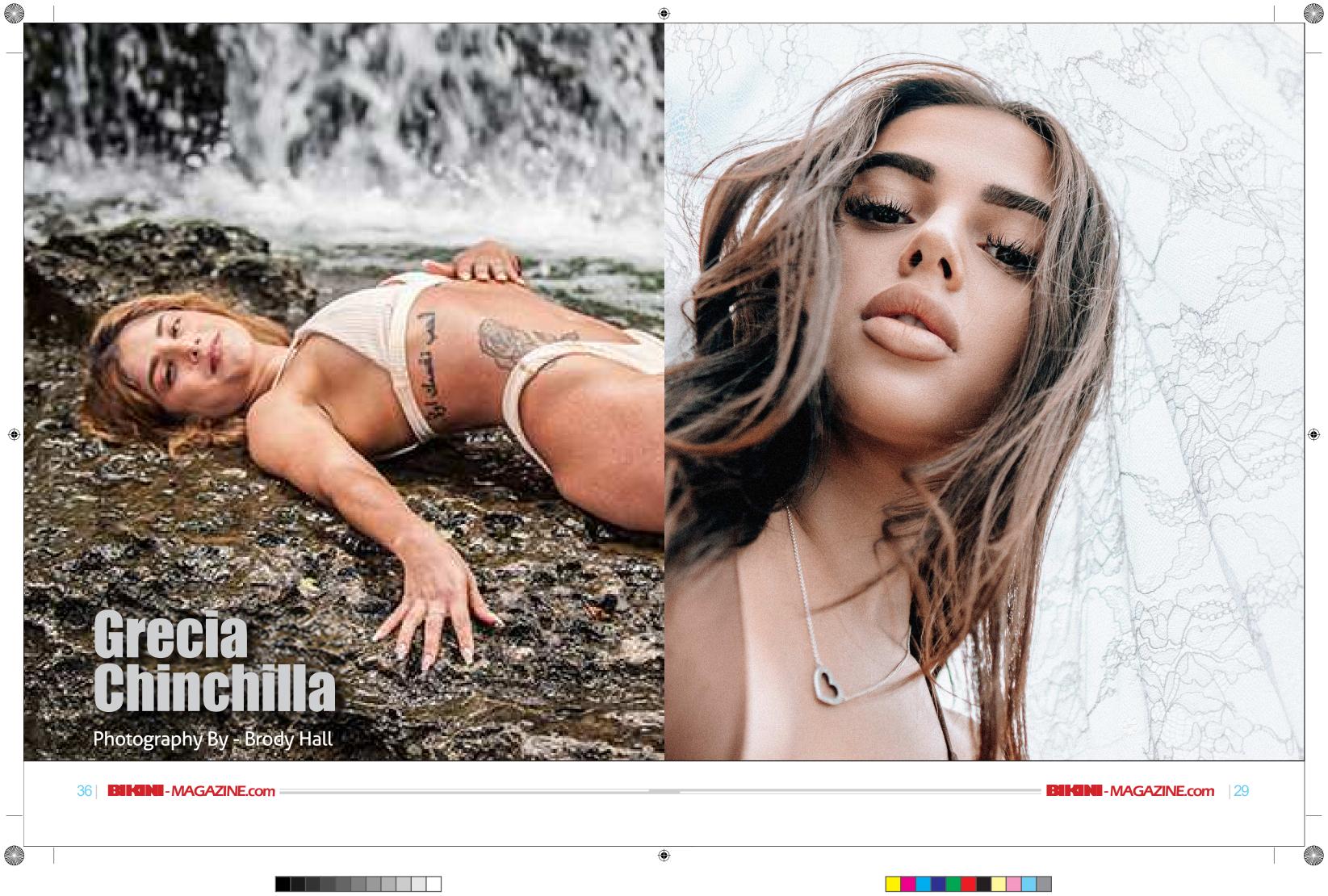
Photographers Credits: Anna Lightpro (Instagram: @annalightpro)

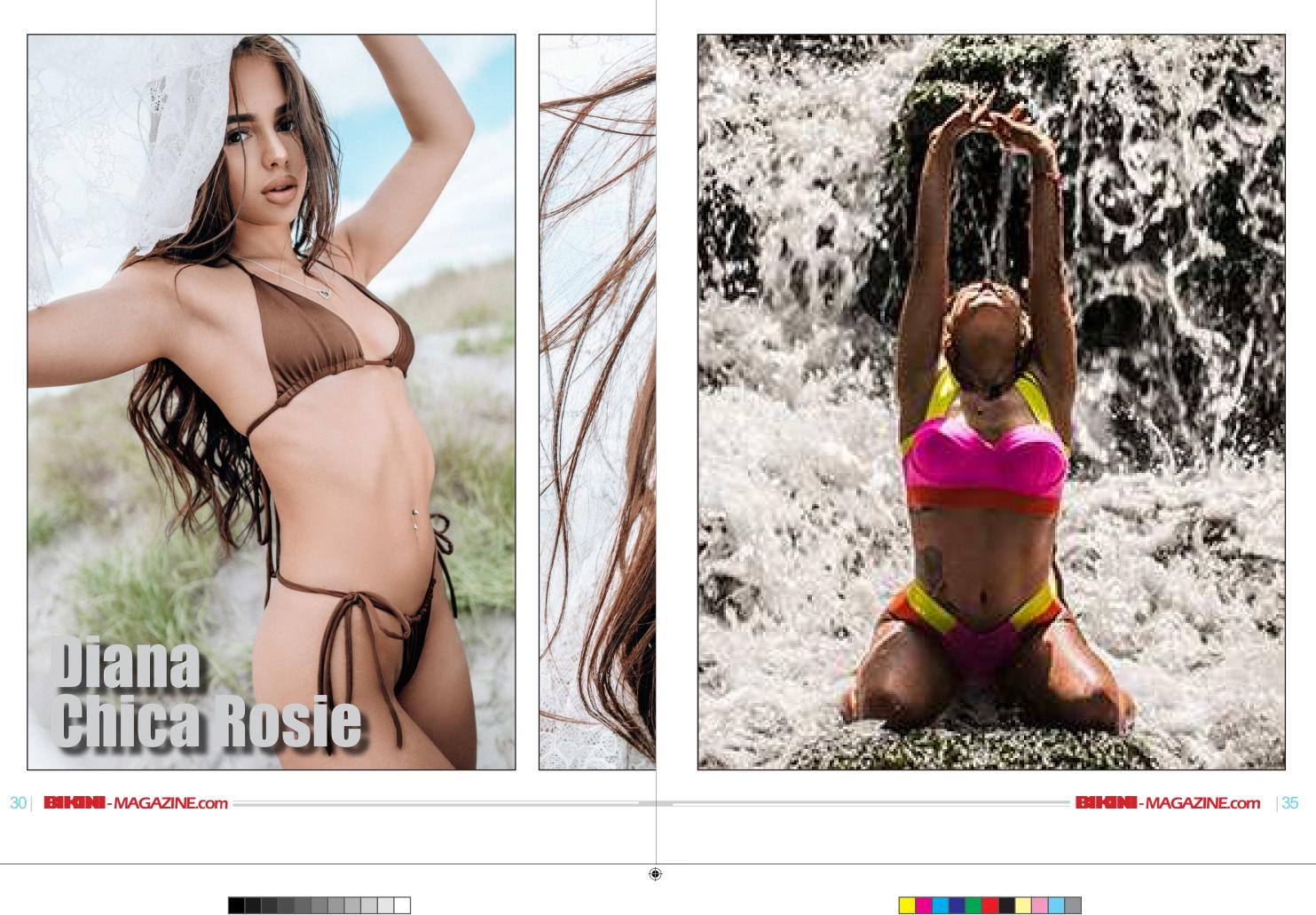
### Diana Binea Rosie

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# HIGHERA Chineses Photography: Brody Hall

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